



# Alexandra Smiljanic - Inspired Health Chiropractic

Alexandra the founder of Wellbeing Revolution Training and the Complete Practice Mastery Program, is a Practice Owner, Chiropractor, Coach and NLP Practitioner. Her practice serves over 700 wellbeing members and the above strategies have fast tracked the 100s of practitioners she has training from 0 to 100 visits + in a number of weeks. She offers further success training and business coaching in her Associate Mentorship Program and Business Growth Mastermind.

Location - Chelmsford, Essex Email - acover4@googlemail.com Phone - 01245 699152

# Alicia Leontieff - Bury Chiropractic

At age 12, Alicia injured her back after a fall from a great height. "My mum took me to see a chiropractor for help with my injury." She has never forgotten this day nor the Chiropractor who helped her back to health. "After experiencing the relief first hand, I knew I wanted to do something similar with my life. Seeing what a difference she could make in other peoples lives impelled her to become a chiropractor. Alicia trained at The Welsh Institute of Chiropractic and graduated with a Bachelor of Science Honours degree in 2002.

Location - Bury, Lancashire Email - alicialeontieff@hotmail.com Phone - 01617 631700

#### Danny Scahill - Crawley Chiropractic Centre

Danny is a Chiropractor who graduated from The Welsh Institute of Chiropractic (WIOC) in Glamorgan, South Wales obtaining a BSc (Hons) Chiropractic degree in 2006. He completed the five year Bachelor of Science degree in Chiropractic after completing 4 years of study as an Osteopath.

Danny Scahill has worked in busy multi doctor Chiropractic practices in Dublin, Ireland for 4 years and has been a Chiropractor in Crawley for the last 10 years. Danny Scahill has acquired an excellent reputation for being a chiropractor who listens and cares for his patients.

Location - Crawley, West Sussex Email djdannyscahill





#### Amy Pease - Falmouth Chiropractic

I've been lucky enough to grow up in Cornwall surrounded by natural healthcare, and all of my family members at some point have found themselves in front of a chiropractor. For my brother, it was after being bundled in the park; I remember watching him receive his first adjustment and the expression of relief on his face when he was able to move his neck freely again. For me it was a nasty fall at school which brought me to seeing a chiropractor at the tender age of 13. I was overwhelmed by the valuable advice and reassurance provided, not to mention the gentle and specific adjustments to help my body heal. Quite remarkably after a few adjustments I was feeling better than before the fall and had a new awareness of my strength, balance, and posture and that was when I thought Chiropractic is pretty cool!

I set my mind to becoming a Chiropractor, and went on to qualify from the Anglo-European College of Chiropractic in Bournemouth obtaining my Master of Chiropractic with distinction in 2013. I enjoy caring for people of all ages and from all walks of life, and my mission is always to help others thrive and function more optimally in their day to day activities whether they're an Olympic athlete or a Grandad!

Location - Redruth, Cornwall Email - amythechiropractor@gmail.com Phone - 01209 219444

# Filippo Gernetti - Innate Wellness

When I discovered Chiropractic, I came to the knowledge that the body has the amazing innate ability to heal itself, and that ability can be enhanced when we treat ourselves in the proper manner (exercise, good nutrition and positive thinking) and when we have a healthy functioning nervous system.

It has been more than 10 years for me without taking any type of medications, same for my wife and my kids never had any given to them. Chiropractic has been of great help through the process and I am now passionate in helping my community to do the same!

Location - Bournemouth, Dorset Email - filippo.gernetti@yahoo.it Phone - 07765011392





#### Julia Pullin - Chirohealth

Julia's passion for Chiropractic began at senior school around the age of fourteen. After meeting a chiropractor and observing him in practice, she saw her vision of becoming a chiropractor and running her own clinic. The great results her patients have had have resulted in not just one but two modern, national award winning clinics.

She graduated in 1997 from the prestigious Anglo-European College of Chiropractic (AECC) with BSc(Chiro). Since starting clinical practice, in order to provide ever-higher levels of patient care, Julia has attended courses taught by world class practitioners.

Location - Scunthorpe, North Lincolnshire Email - julia@chirohealth.co.uk Phone - 01724 871222

#### Rebecca Nicholas - Back 2 Balance

I have been raised with a chiropractic 'natural first' philosophy and whilst growing up was shown how important nutrition, sleep, exercise and the outdoors was.

Following in my family tradition, I graduated from the Anglo-European College of Chiropractic in Bournemouth with a Masters degree in Chiropractic before moving back to my home town and first love, Brighton. I have undertaken a post-graduate certificate in paediatrics and take a special interest in chiropractic paediatrics and pregnancy. I have since completed qualifications to use dry needling and Activator techniques, plus the Webster technique and cranial and visceral techniques which really help support the baby and pregnant mother.

I believe that prevention is always better than the cure. I especially like to remind the younger population to not dismiss their problems but get them looked at, preventing many ongoing health issues later in life.

I acquired the Clinic during 2007 and continue to treat my mother's, Cornelia Nicholas' patients, having since retired.

Location - Hove, East Sussex Email - Info@chiropractorsbrighton.co.uk Phone - 01273 206868





# Jason Gould - Chislehurst Chiropractic Clinic

Dr Jason Gould started his career with a degree in Pharmacology and soon realised that it was not the medications themselves that inspired him, but the reward of helping people and seeing them get better. As such, Jason chose to pursue Chiropractic as his career. He went on to graduate from the world-leading Chiropractic college, AECC (Anglo European College of Chiropractic).

After working in a number of different clinics, Jason decided to set up an award-winning practice with his wife Tara in 2007 where they love to support the local community. He has a special interest in looking after sports injuries and in keeping professionals and amateurs of golf, rugby, tennis, football, martial arts and many more sports in top form. After working in these areas, he has also looked after the England karate squad and is a member of the British Chiropractic Sports Council (BCSC).

Location - Chislehurst, Kent Email - jmgould@chislehurstchiro.com Phone - 0208 295 1733

# Claire Amos - Claire Amos Wellbeing & Vitality

I have been working as a health care professional for over 30 years. I started my career as a registered nurse specialising in care for the elderly. It was during this time that I came to question and realise that in many cases we were simply treating the symptoms rather than understanding and treating the root causes. I had been a regular visitor to a chiropractor during my teenage years, and it was this along with my experience as a nurse, which really inspired me to learn more about the philosophy, art and practice of being a chiropractor.

After qualifying at the McTimoney chiropractic college, I started my exciting career as a registered chiropractor, also running a successful complementary health centre in Crowborough for 7 years. This led me to further my knowledge and extended my studies to qualified in Thai massage, teaching yoga and more recently Cranio Sacral Therapy. Over the years I have continually updated and diversified my study within chiropractic, and a whole range of subjects including functional anatomy, naturopathy, fasting, herbal medicine, and ayurvedic approaches.

Location - Crowborough, East Sussex Email - claire@claireamos.co.uk Phone - 01892 668852





# Andrew Clay - Hartland Chiropractic

Clinic owner and resident Chiropractor at Hartland Chiropractic. It was a serious neck injury sustained whilst playing rugby that first got me acquainted to Chiropractic. The injury caused such chronic discomfort and was eventually only helped when I consulted a Chiropractor, when many other treatments had failed. The treatment helped so much that it led to changing my career to study Chiropractic.

I studied for 5-6 years and qualified as a Chiropractor in 2005 and went on to study post-graduate with the British Medical School of Acupuncture in 2006 and have since concentrated post graduate studies in Chiropractic Biophysics for rehabilitation of chronic spinal dysfunction along with Chiropractic paediatrics and activator methods.

My personal interests include cycling, mountain biking, hiking along with regular gym attendance to keep me fit for all of the above. Despite all the old injuries from a badly broken arm wrist and hand from mountain biking to broken ribs arm and a fractured vertebra I find that Chiropractic keeps me doing the things I enjoy.

Location - Winscombe, North Somerset Email - dracdc@mail.com Phone - 01934 708080

#### Richard Southam - Aquae Sulis Chiropractic

Richard Southam Graduated from the Anglo European College of Chiropractic in 1998. He moved to Cornwall the following year to work at Liskeard Chiropractic Clinic. 10 years later he sold the practice and moved to Dorchester to be closer to family. Richard uses a variety of techniques based around sound neurological testing procedures to assess for and adjust imbalances in the nervous system. Helping the body to heal itself by relieving the stresses brought on by modern day living.

Location - Dorchester, Dorset Email - richardsoutham@aquae-sulis.co.uk Phone - 01305 263542





# Charles Herbert - The Chiropractic Centre

Coming from a history of dough kneading, I was drawn away by the hunger to understand the intricacies of the human body. Brought up in a large, loving family and having a mother starting a degree in nursing my eyes were opened to the caring profession. Following attending a Chiropractor for a recent rugby injury, I enrolled at the Welsh Institute of Chiropractic to begin my journey.

Graduating in 2008, I moved to Essex where, over 4 years, I successfully built two patient bases for what is now one of the largest Chiropractic centres in the UK. During this time I not only perfected my Chiropractic technique and dealings with common back problems but also developed a passion for rehabilitation.

Moving back to my hometown, I started The Chiropractic Centre: Bristol with my former colleague and business partner Matt. Through this centre, I aim to continue to learn and grow, pass on my knowledge to new graduates and our growing team and also explore a new philanthropic edge though our link with Cherish Uganda.

Location - Bristol, Somerset Email - cherbchiro@gmail.com Phone - 07866 137344

# Emma Burniston - Northcote Chiropractic Clinic

Dr Emma has a special interest and is experienced in adjusting pregnant women and children. Dr Emma is a member of the International Chiropractic Paediatric Association as well as being a Webster Technique certified practitioner. In 2015 Dr Emma also undertook further paediatric study with Dr Neil Davies of Kiro Kids with a view to finish her Masters in Paediatrics. This further study has enabled Dr Emma to thoroughly assess and care for children of all ages from newborns, to infants and teenagers.

Dr Emma's range of skills and techniques include Diversified, Thompson Technique, Sacro-Occipital Technique, Applied Kinesiology, Activator and Neuro Impulse Protocol.

Location - Battersea, London Email - emma@northcotechiropractic.co.uk Phone - 0207 350 1100





#### Louise Gordon - Windsor Chiropractor

Director of Windsor Chiropractor, Louise completed both her undergraduate and post graduate training at Macquarie University New South Wales, Australia in 1996. She has spent many years developing her unique system of innovative, biomechanical and evidence-based therapy.

During her career Louise has worked with elite sports teams and World Champion athletes as well as caring for families. Louise moved to the UK in 2002 and has been based in Windsor since. She has been assisting those who work and live in and around the Windsor, Maidenhead, Slough and the surrounding Berkshire and Surrey areas to achieve their health goals, whether that is to be at the peak of their sporting abilities, to give them the best start to life, to be as healthy and fit as can be or to increase and maintain their mobility and flexibility.

Location - Windsor, Berkshire Email - info@windsorchiropractor.co.uk Phone - 01753 855428

#### Morten Westergaard - Best Practice Chiropractic

Dr Morten Westergaard is a Danish Doctor of Chiropractic, graduated from the internationally renowned Anglo-European College of Chiropractic in 1998 where he obtained a Master of Science degree in Chiropractic. Chiropractic has been a central point of focus in his life after having experienced the profound benefits of care himself since early childhood. He has diverse practice experience having principally practiced in the UK as well as having consulted in Oslo, Norway. In Norway chiropractors are better integrated within the Norwegian Health Service than is the case in the NHS in the UK.

Due to his always positive outlook and his dedication to meeting patients' high expectations he has become a well respected figure within the Sussex community. His areas of interest are longstanding low back pain and acute disc injuries. Neck injuries, headaches and chronic head pain also feature prominently in his case load.

Location - Brighton, East Sussex Email - chiromsw@aol.com Phone - 01273 560888





#### Neil Cox - Healthy For Life Chiropractic

I graduated from the AECC in Bournemouth in 2002 and for my first 10 years in practice worked as an associate in three different practices in Plymouth, Newcastle-Upon-Tyne and Exeter. In 2010, I decided to pick the place I had enjoyed living the most and moved back to Bournemouth to open a practice; initially with a colleague on Old Christchurch Road and more recently on my own, at home near Charminster.

Early on in my career I was lucky enough to encounter the work of Dr Neil Davies who developed the NeuroImpulse Protocol (NIP). Dr Davies is the consummate chiropractic professional and it has been a great privilege to work with and learn from him over the last 15 years. In that time, I have co-authored a chapter in the 2nd edition of his popular textbook "Chiropractic Peadiatrics A Clinical Handbook" and been a member of the NIP teaching team. This puts me in the incredibly fortunate position of regularly travelling around Europe, and occasionally further afield, teaching NIP to chiropractic colleagues. What I didn't learn about being a chiropractor from Neil Davies, I learned through therapy with the totally unrelated, but even more amazing, Sarah Davies. These two have been my greatest mentors and I am forever grateful to them.

Location - Bournemouth, Dorset Email - neildouglascox@gmail.com Phone - 01202 533955

# Maryellen Stephens - Westcountry Family Chiropractic

I first studied at Dalhousie University in Nova Scotia, Canada. This was my entry into biomechanical medicine. My absolute favorite class was our gross anatomy class, it was a real eye-opener to actually see all of our organs in place and how connected everything was, from the brain straight through to our toes. It was truly awesome. I studied chiropractic at the Anglo-European College of Chiropractic in Bournemouth. This was where I first spent time watching infants being adjusted, and then in my clinical year, adjusting them myself. It was an amazing time, meeting amazing people from all over the world, some with very strong philosophies of natural health through chiropractic.

Location - Redruth, Cornwall Email - maryellendc@family-chiro.co.uk Phone - 01209 219444





#### Rachael Dunn - Vibrant Life Chiropractic & Health Centre

I absolutely love being a chiropractor! I feel really lucky to have found chiropractic at a young age. I was inspired by my parents who taught me the importance of healthy eating and lifelong movement and exercise which are essentials for vibrant health. I now share this with my two beautiful children Amber and Finley.

Another inspiration to me has been chiropractor Neil Davies who has been a great friend and mentor. Neil has developed the NeuroImpulse Protocol, a cutting edge method of allowing us to precisely diagnose patterns of interference to the nervous system which I am now really pleased to be able to share with our associate chiropractors and osteopaths, students and professionals.

Location - Braunton, Devon Email - rachaeldunndc@gmail.com Phone - 01271 814067

Christophe Vever - Carlisle Family Chiropractic Centre

Location - Carlisle, Cumbria Email - christophevever@gmail.com Phone - 01228 522161

#### Peter Bennett - Your Spinal Health

Peter has a degree in Molecular Biology and graduated as a chiropractor in 1998.

Location - Penrith, Cumbria Email - alivechiro@gmail.com Phone - 07946 642503

#### Thomas Scott - Prestatyn and Llandudno Clinics

Location - Prestatyn, Denbighshire Email - tom@prestatynchiro.co.uk Phone - 01745 854432





# Tara Gibson - Chislehurst Chiropractic Clinic

Dr Tara Gibson graduated from world leading Anglo European College of Chiropractic (AECC) in Bournemouth and alongside her husband, Jason, opened their clinic in 2007.

Tara loves to work with different types of people and conditions and seeing them get back to what's important to them. From pre-natal care to adjusting infants immediately after birth to patients that are well into their 90s and beyond, complete family care is her priority.

She has a passion for working with mums and their children, with a special interest in pregnancy and birth. Tara is a member of the International Chiropractic Paediatrics Association (ICPA). Tara also teaches Chiropractors and allied professionals in Chiropractic Care for pregnant mums and their babies and is also certified in the Webster's Technique.

Location - Chislehurst, Kent Email - tara@chislehurstchiro.com Phone - 0208 295 1733

#### Thomas Lawrence - Goose Lane Clinic

Principal chiropractor at Goose Lane and Hollings Lane Clinics. I graduated with a Master of Chiropractic degree in 2012. Before opening Goose Lane Clinic in 2013, I worked with a fantastic team in Scunthorpe.

When I was 12 years old, my whole family started seeing a chiropractor – I had my first adjustment and have never looked back! I find that chiropractic not only keeps me feeling at my best, but also energised and connected to life. The potential that our body's hold amazes me every day.

When I first became a chiropractor, I was more focused around sports performance and helping athletes function at their best. I have worked with Team GB swimmers for the 2012 Olympic Games and I have taken part in a research project with the Welsh Rugby Union. Even now, I work with a range of professional and semi-professional athletes on a daily basis, which I really enjoy. Sports, however, is a small part of my practice. I love seeing the wide variety of people in our clinic community; from new born babies to elderly people, who are still very young at heart.

Location - Rotherham, South Yorkshire Email - tom@gooselaneclinic.co.uk Phone - 01709 739293





# Rachael Talbot - Naturally Empowered Healing & Living

Rachael graduated in 2003 from AECC. Prior to this, she worked for Big Pharma selling anti-depressants and painkillers. She now owns Naturally Empowered Healing & Living in Cheshire, practising Network Spinal Analysis (NSA), and also coaches body connection and empowerment techniques online (including Somato-Respiratory Integration).

Following graduation, she spent the summer learning Dutch and then started work in the Netherlands. She returned to the UK in early 2006 and soon set up her own practice, using Gonstead as her primary approach. In 2007 she had her first Network adjustment and started to use NSA. She built a successful practice in Cardiff whilst her husband trained at WIOC, and in 2014 they returned to the North West of England.

She now practices in a Wellness Model, is 100% tonal and aside from her passion for helping her clients, has always had a steady stream of chiropractors and students observing her. She believes that there is a technique and approach for all of us and it's our differences that make us strong. Part of our personal journey within chiropractic is to find where our philosophy sits and be open to changing and developing over time. She certainly has.

To find out more www.NaturallyEmpowered.co.uk or www.RachaelTalbot.com

Location - Wilmslow, Cheshire Email - info@naturallyempowered.co.uk

# Emma Burniston - Northcote Chiropractic Clinic

Dr Emma has a special interest and is experienced in adjusting pregnant women and children. Dr Emma is a member of the International Chiropractic Paediatric Association as well as being a Webster Technique certified practitioner. In 2015 Dr Emma also undertook further paediatric study with Dr Neil Davies of Kiro Kids with a view to finish her Masters in Paediatrics. This further study has enabled Dr Emma to thoroughly assess and care for children of all ages from newborns, to infants and teenagers.

Dr Emma's range of skills and techniques include Diversified, Thompson Technique, Sacro-Occipital Technique, Applied Kinesiology, Activator and Neuro Impulse Protocol.

Location - Battersea, London Email - emma@northcotechiropractic.co.uk Phone - 0207 350 1100





#### Sean Chan - Alba Clinic

All of us at Alba are passionate about what we do and believe strongly that we must continue to strive towards being the best version of ourselves in order to serve our community in the best possible way!

Here at Alba Clinic in Dundee we are a welcoming and caring team who promote the best of good health and wellness through natural healing strategies. We offer a lifetime of expert care, advice and information to our patients and their families on their particular journey to optimum health. We are a progressive and expanding group who continually strive to grow in knowledge and understanding of what we may do to benefit our community and those that seek our help.

We would love to be part of a new Chiropractors journey and help in any way we can, please get in touch with any questions you might have!"

Point of Contact for the Clinic - Sean Chan

Location - Dundee, Scotland Email - sgcpw25@gmail.com Phone - 07724563310

# Mark Butterworth - Headingley Chiropractic Clinic

Mark Butterworth's passion to help his patients get better has led him to spend hundreds of hours in postgraduate education. With over 20 years' experience, he has attained the status of Advanced SOT Practitioner and Craniopath (the highest exam that can be taken in SOT). He's also the current Chairman of the Yorkshire Faculty of the Royal College of Chiropractors and has achieved certification in Dynamic Neuromuscular Stabilisation (DNS). DNS is taught by the Prague School of Rehabilitation who look after sporting stars such as Roger Federer, Novak Djokovic and the National Theatre Ballet Prague.

Mark's training in various techniques enables him to tailor the treatment to best suits his patients needs and taking them from pain relief to full strength.

Location - West Park, Leeds Email - info@headchiro.com Phone - 01132 289888





#### Steven Lawrence - Lawrence Chiropractic Clinics

My parents used to see a chiropractor when I was young but it wasn't until I suffered quite a bad fall whilst on a dry ski slope that I had my first adjustment. I could not believe the difference that it made. Since then in my early teens I knew that I wanted to be a chiropractor.

I attended the Welsh Institute of Chiropractic at Glamorgan University where I studied Chiropractic. After successful completion of the four-year course I graduated in 2002 with a BSc (Hons) degree in Chiropractic and later gained my Diploma of Chiropractic.

I met my wife Xanthe at Chiropractic College and after graduating at the same time we started work as associates at Nantwich Chiropractic Clinic in Cheshire. A year later we established Castle Chiropractic Clinic in Shrewsbury and in 2011 we set up Lawrence Chiropractic in Stone, Staffordshire. I currently work between the three clinics.

Since the first time that I treated someone, I have been able to see first-hand the benefits that chiropractic can provide to everyone from any age. When my daughter Emma was born she suffered a strain to her upper neck that started to cause plagiocephaly (distortion of the skull). Gentle chiropractic adjustments to her neck and cranium corrected the problem safely and naturally. From that point paediatric chiropractic has become a particular interest of mine.

I am interested in the holistic benefits of chiropractic. Our main goal at our chiropractic centres in Nantwich, Stone and Shrewsbury is to bring our patients closer to health through chiropractic care and advice on lifestyle and nutrition.

Location - Shrewsbury, Shropshire Stone, Staffordshire Nantwich, Cheshire Email - lawrenceclinics@gmail.com Phone - 01785 748677





# Donald Francis - Tweed Chiropractic

Donald Francis thinks that being a Doctor of Chiropractic is the greatest job in the world. Where else can you help people achieve so much more with their life?

Donald graduated Valedictorian/ Summa Cum Laude at the world-renowned Palmer College of Chiropractic in the United States of America. He is passionate about the study and practice of

chiropractic and is continually furthering his academic and practical knowledge of this broad, intriguing and unique form of natural healthcare. He has taken a special interest in family practice from babies to their grandparents. This includes the care of pregnant mothers and children, treating infants from birth onwards. Donald is the Secretary of the Scottish Chiropractic Association and is also an instructor for Sacro Occipital Technique Europe as well as representing at the Board level for that organisation.

Location - Galashiels, Scotland Email - info@tweedchiropractic.co.uk Phone - 01896 668509

# Tarveen Ahluwalia - Tarveen DC Chiropractor

Tarveen has worked and been mentored by some of the most knowledgeable and respected Chiropractors in the regions she has practiced. She has successfully resolved hundreds of patient's musculoskeletal conditions to effectively return them to active living. Over the last 15 years Tarveen has practiced and lived in California USA, Calgary Canada and now London England.

Dr. Ahluwalia is a firm believer in personal and professional development. Her thirst for knowledge has encouraged her to continue the learning process so she can continue to provide her patients with the latest and most current treatment techniques.

Dr. Tarveen has treated individuals from various backgrounds. Her areas of interest in practice include; acute athletic injuries, trauma, family practice, postural correction and wellness care. Dr. Tarveen has always been a strong advocate for interdisciplinary and collaborative care. She is very well versed in working with healthcare professionals of various backgrounds in order to bring her patients optimal health.

Location - Reading & Hayes Email - drtarveen@gmail.com Phone - 07773 415415





#### Andrew Robson - Droitwich Back & Neck Clinic

Andrew initially qualified as a chiropractor because he wanted to help improve other people's lives in the same way that a chiropractor had improved his. Several years of competitive rowing, including international events, had left him with regular back pain and discomfort.

After putting up with it for years, he could take no more and booked to see a chiropractor, but had only modest expectations. To his surprise, the chiropractor was able to stop the pain and discomfort which had been felt especially when sitting and driving. He was also encouraged to become more active and maintain a healthier lifestyle, which he has now done for eleven years.

Andrew was so inspired by what happened in his own life, he eventually decided to take the plunge by turning his back on a career in advertising, and going back to university and training to become a chiropractor himself. This included work with the Cardiff City FC youth academy studying the rate and incidence of knee injuries with the goal of future prevention.

After qualifying as a chiropractor, Andrew worked initially in the south-east and for two years in one of the busiest chiropractic clinics in the UK, in Swindon. Andrew returned to his hometown of Droitwich in late 2015 and founded Droitwich Back & Neck Clinic in January 2016.

Andrew treats people with a range of problems including low back pain, neck and shoulder pain, headaches, and pain in the peripheral joints of the body. Andrew's patients vary in age from 6 years old, all the way up to 86 years old. The problems they come to see Andrew about range from short-term injuries to far more long-term degenerative conditions.

Andrew enjoys helping improve people's lives but is also interested in finding out how and why injuries occur and what prevents an individual from recovering, in order that he can help people avoid long-term pain and discomfort in the first place and enjoy their lives to the full.

Andrew prides himself on using the best technology for both diagnosis and treatment as he has found this aids his patients in achieving their goals sooner.

Location - Hadzor, Droitwich Email - andrew@droitwichchiro.com Phone - 01905 798226





# Christian Caswell - Top Chiropractic

Growing up in the North East of England, Christian decided he was going to be a chiropractor at an early age after seeing the impact it had on him and his family.

Christian is a graduate of the UK's largest and oldest chiropractic institution, the Anglo European College of Chiropractic. Additionally he is one of the very few Europeans to be admitted into the esteemed Academy of Chiropractic Philosophers (ACP). Christian also serves as one of 12 directors on the board for the International Federation of Chiropractors and Organizations (IFCO).

Christian enjoys looking after patients and loves watching them develop and transform under chiropractic care. In his previous clinic, Christian found himself helping a lot of children with neurodevelopmental disorders such as autism and other autistic spectrum disorders.

Christian practiced as a full spine chiropractor using the Gonstead system, before specialising in upper cervical chiropractic.

Christian is on the Board of Directors for the International Federation of Chiropractors and Organisations (IFCO) and the United Chiropractic Association (UCA).

Location - London Email - christian@topchiropractic.co.uk Phone - 0207 495 2206





# Steve Lawrence - Nantwich Chiropractic (Cheshire), Castle Chiropractic (Shropshire) & Lawrence Chiropractic (Staffordshire)

From the age of 13, I knew that I wanted to pursue a path in chiropractic having seen the benefits that it bought to my parents and me from such a young age. I graduated from Glamorgan Uni in 2002 with a BSc (Hons) in Chiropractic, later gaining my Diploma of Chiropractic. Having only been taught a 'symptomatic-based' approach to chiropractic at uni, I always thought that there must have been something more to it than that.

Starting a family in 2007 inspired me to look into different techniques which is when I found Sacro Occipital Technique (SOT). In the very first module, my eyes were opened to the huge system-wide, holistic benefits that chiropractic could provide. Since then I have completed all of the SOT modules and have become a board-certified SOT practitioner. Another passion of mine is nutrition, particularly from a functional medicine approach which is an area into which I am currently expanding my knowledge base.

Since leaving university my wife and I have established 3 vibrant clinics, in which I work throughout the week. I am hugely enthusiastic about what I do and love seeing the overall improvements in people's health when they embrace the chiropractic lifestyle.

Location - Nantwich (Cheshire), Shrewsbury (Shropshire), Stone (Staffordshire) Email - lawrenceclinics@gmail.com Phone- 07737378429